



# Bell Tower Fall 2019

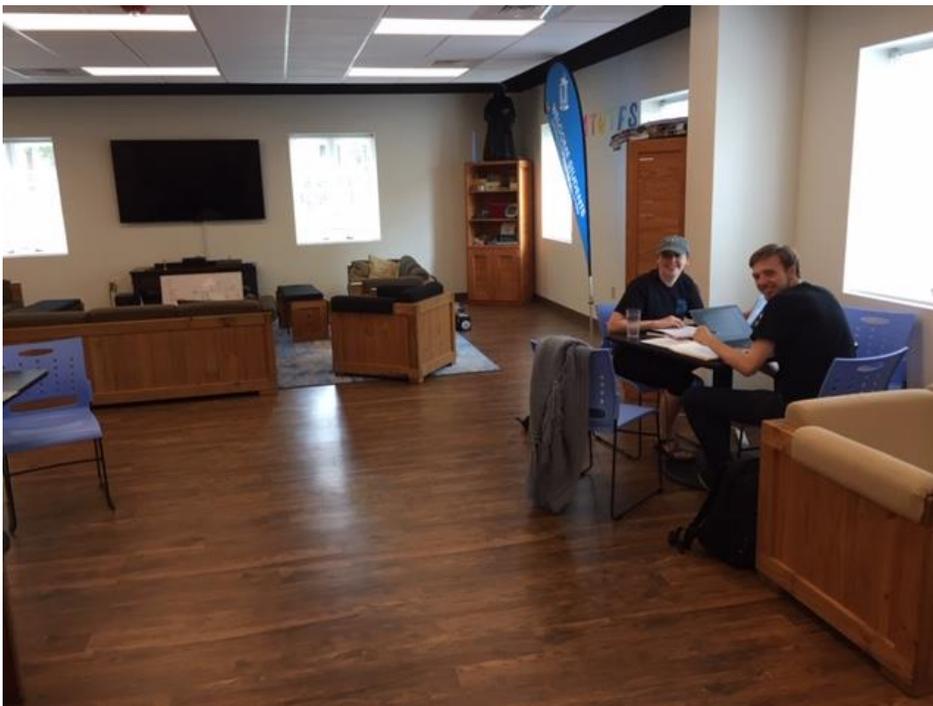
A NEWSLETTER OF UNC LUTHERAN CAMPUS MINISTRY

## Welcome back to LCM!

# Renovated Campus Center

2018-2019 was a year of renovation as HTLC's entire Ministry Center was gutted and rebuilt. The LCM Campus Center lost some space to additional offices for staff and gained more square footage by adding the former "Ausburg Room" to create an LCM lounge and separate kitchen and dining area. Other improvements include an elevator in the building, two shower/bathrooms, and a full commercial kitchen along with laundry.

Please stop by if you are in Chapel Hill and take a peak.



# Beach Retreat

Matt Angerson

Every fall LCM takes a trip to the beach as a way to bond and get in the right mindset to begin the academic year. This year was no exception! We found ourselves at North Myrtle Beach. The weather was great and the ocean wasn't too cold yet, so we caught some fun waves. Normally, we spend Saturday morning discussing our different personalities via the Myers-Briggs test, but this year we changed things up and talked about intentional prayer. As members of a campus ministry, prayer is something we often do, but is also something that can be challenging. We learned multiple ways to pray with meaning, and how to pray effectively. After the session, we all felt much better and confident about praying. We ended the beach retreat playing card games and eating ice cream while bonding and feeling welcome to Lutheran Campus Ministry!



# Fall Break Retreat

## Paige Watson

For fall break, a group of five of us stayed at Hungry Mother Lutheran Retreat Center in Marion, VA. For the first couple of days, we helped out the camp director with work around the camp, like clearing campsites and trails, moving tables indoors, and splitting wood. We also got to help out in the local community garden by clearing out greenhouses and covering plants to protect them from the frost. We were also able to visit Aidan's parents and eat some delicious food, visit a pumpkin patch, go on the Creeper Trail, and watch some UNC football! Even though it was a busy week, we also had a lot of down time to relax, play board games, and just hang out as a group!! It was such a fun time and I loved being able to escape Chapel Hill for a little bit to hang out with friends in the mountains, especially with all the beautiful leaves and fall weather!



# Habitat for Humanity Build

Barbara Ramsdell

This October, I joined some LCMers to help out with a local Habitat for Humanity build. We were working on the construction of apartments for older residents that crave community. Every time I work together with my LCM friends on a project like this, I am amazed by the ways each of our individual little excitements for the work build on each other and magnify into a force of motivation greater than any of us would have on our own. At the build, this effect was deepened by the greater community of Habitat builders that surrounded us. Most of us spent the whole morning assembling scaffolding. In isolation, this didn't seem very helpful. All that scaffolding, after being used for a month or two to help build the roof, will just have to be taken back down again. We didn't make any progress toward the actual construction of the apartments. But with all of the other groups around us, working on many varied aspects of the construction process, it became clear that we simply small parts of something greater. The scaffolding had to be constructed, just like all of the other small construction tasks that were happening around us. It was refreshing for me to remember that I am never doing good on my own, but am merely a small part of creating a better world.



# Rad Biblical Wisdom

In our weekly emails, Caroline includes these short devotions that we all wrote. They are known to us as Rad Biblical Wisdom!

[Matthew 11:28-30](#) "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Life can get really challenging in college and it can be easy to feel overwhelmed, but when we trust in God we know that we will find rest and care.

[Jeremiah 29:11](#) "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

It is important to remember that no matter what happens, whether it be changes in relationships, a complete change in your career path, or whatever adversity may be thrown your way, God is in control and has plans for you that you may not currently know of.

[Romans 8:38-39](#) "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

This verse reminds us that even though we come up against many situations during our lives where we can feel separated or closed off, both from others or from God, due to our various obligations and commitments, he is above all the worries though and will be with us amidst our struggles, and beyond.

[Isaiah 40: 27-31](#) "Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the Lord shall renew their strength; they shall run and not be weary; they shall walk and not faint.

This verse assures us that God will help us whenever we are down, and will give us strength to keep going.

Life can sometimes just beat you down and make you feel like you aren't worthy, but this verse allows us to give our faith to God, and to soar high like an eagle and succeed through Him.

## Until next time!



Donate (please!)

Lutheran Campus Ministry continues to grow through faith and love into a rich and vibrant community. The students are engaged in learning from the Bible and discovering their roles as disciples of Christ in the local and global communities. You are invited to help us make a difference in this current generation of students. This is one of the healthy seed beds of faith and leadership for our church and we need your help. We have initiated an endowment fund to encourage estate gifts and are trying to encourage a higher percentage of alumni and parent giving.

Please prayerfully consider a donation in the following amounts and to the following funds:

You may also donate online at [www.holytrinitychapelhill.org](http://www.holytrinitychapelhill.org).

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|-------------------------------------|---|
| <input type="checkbox"/> \$5,000.00 | <input type="checkbox"/> Endowment            |
| <input type="checkbox"/> \$1,000.00 | <input type="checkbox"/> Mission/Retreat Fund |
| <input type="checkbox"/> \$250.00   | <input type="checkbox"/> Budget               |
| <input type="checkbox"/> \$100.00   | <input type="checkbox"/> Building             |
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I am a Thrivent Member and want to know how to send Choice points to LCM

I have remembered UNC LCM in my will or estate planning.

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